

CURRENT RESEARCH PROJECTS

Breckenridge-Sproat, S., Reb, A. **Consultant: Bormann, J. E.** “Feasibility of Mind-body Intervention to Promote Wellness in Injured Soldiers.” TriService Nursing Research Program HU0001-09-TS13, N09-C06, 9/1/09 – 8/31/10.

Drummond, S. (PI); **Co-I: Bormann, J. E.** Treating Insomnia & Nightmares After Trauma: Impact on Symptoms & Quality of Life (1RC1NR011728 – 01). The overall objective of this study is to examine if personalizing PTSD treatment by adding evidence-based sleep treatments in those patients with sleep complaints can better treat the full spectrum of PTSD symptoms (i.e., both daytime and nighttime) and improve health-related quality of life and overall clinical outcomes.

Powell-Cope, G., **Local Site PI: Bormann, J.E.** Existing Practice Patterns for Screening Mild TBI in OEF/OIF Veterans (HSR&D IAC 08-101) 1 of 28 sites to study the TBI screening process among OEF/OIF veterans and the providers that treat them to improve the efficiency and effectiveness of this screening tool.

COMPLETED RESEARCH PROJECTS

Bormann, J. E., Stein, M., Lang, A. Wetherell, J., Gershwin, M., Thorp, S., Golshan, S., Kelly, A. “Efficacy of Mantram Repetition on PTSD Symptoms in Veterans,” mixed methods randomized trial, Nursing Research Initiative (NRI-04-041); Health Services Research & Development, Department of Veterans Affairs, 7/1/05 – 09/30/11 (\$633,000).

Redwine, L., Allison, M., Barnard, D., **Bormann, J. E.,** Corvera-Tindel, T., Hong, S., Maisel, A., Rutledge, T. “Tai-Chi: Well-Being and Heart Failure,” National Center for Alternative and Complementary Medicine/National Institutes of Health (R21AT001910-01A2 NCCAM) 9/1/05-8/31/09 (\$400,000).

Bormann, J. E., Stein, M., Lang, A. Wetherell, J., Gershwin, M., Thorp, S., Golshan, S., Kelly, A. “Efficacy of Mantram Repetition on PTSD Symptoms in Veterans: A Pilot Study,” Nurses Organization of Veterans Affairs (NOVA Foundation) and DAV Charitable Trust, 12/1/05 – 01/15/07, (\$5,000).

Bormann, J. E., Warren, K., Regalbutto, L. McQuaid, J., McKibbin, C., West, R. “Teleconference Support for Family Caregivers of Veterans: A Feasibility Pilot Study.” Office of Nursing Service, Department of Veterans Affairs. 5/31/06- 6/1/07, (\$8,350).

Bormann, J. E., Uphold, C. R., Maynard, C., & Reid, K. (2007). “Regional Variation in Complementary/Alternative Health Care Practices (CAP) in HIV-Infected Men,” (Supported in part by Office of Research and Development, Department of Veterans Affairs, Health Services Unit, VA San Diego Healthcare System).

Bormann, J. E., Gifford, A. L., Shively, M., Smith, T. L., Redwine, L. (2005). “Efficacy of a Mantram Intervention on HIV Outcomes,” National Center for Alternative and Complementary Medicine/National Institutes of Health (R21 AT01159-01A1), 9/28/02- 5/30/05. (\$250,000).

Hanson, S., Hunter, L., **Bormann, J. E.,** Sobo, E., Belding, W. S., Miranda, V. “Effectiveness of Mantram Repetition in Reducing Maternal and Paternal Childbirth Related Fears.” (2007). Unpublished master’s thesis, San Diego State University, San Diego, CA. Partially funded by the San Diego State School of Nursing Institute of Nursing Research.

Anthony, B., Hunter, L., **Bormann, J. E.**, Sobo, E. Hanson, S., Belding, W. S., Miranda, V. (2006). "Efficacy of Mantram Repetition During Childbirth: A Feasibility Study." Unpublished master's thesis, San Diego State University, San Diego, CA. Partially funded by the San Diego State School of Nursing Institute of Nursing Research.

Bormann, J., Becker, S., Kelly A., Gershwin, M. (2003). "Self-reported Outcomes of the Rapid Relaxation Response Course," partially funded by the VA Post-Doctoral Nurse Fellowship, Office of Academic Affiliations, Department of Veterans Affairs, Institute of Nursing Research, San Diego State University and Sigma Theta Tau International, Gamma Gamma Chapter Research Grant Awards.

Riegel, B, Carlson, B, Moser, D, Sebern, M, Hicks, F, Roland, V, **Bormann, J.** (2002). "Testing the Research Version of the Self-Management of Heart Failure Scale."

Gifford, A. L. & **Bormann, J.** (2001). "Validation of HIV Medication History Questionnaire," Funded in part by NIH/National Institute of Nursing Research (R01NR0445) and the Universitywide AIDS Research Program.

Bormann, J. (2000). "A Computerized Algorithm to Identify Diagnostic Data on HIV + Mentally Ill Veterans." Unpublished abstract. San Diego, California.

Bormann, J. E. (1995). "Influence of HIV mode of transmission on nurses' willingness to care." (Doctoral dissertation, Wayne State University, 1995). *Dissertation Abstracts International* 5701B:236 (UMI No. 9613442).

Bormann, J. (1995). "Nursing students' attitudes toward dying patients with and without AIDS." Wayne State University, Detroit, Michigan.